

## Pre & Pro Biotic

# **MyGut**

## Healthy Gut, Healthy You

PROBIOTIC SUPPLEMENT TO HELP YOU RE-BALANCE YOUR DIGESTIVE FLORA

Whether you suffer from embarrassing diarrhoea, constipation, gas, bloating, heartburn or autoimmune diseases that cause debilitating pain, you can restore your gut and transform your life, becoming your best self from the inside out. Gut health is one of the most important factors in our over all health. Our gut controls so many aspects of our health including immune health, hormonal health, skin health & digestive health. A healthy gut contains healthy bacteria that aid digestion and ward off infectious agents like bacteria, virus and fungi.

Best Supplement MY GUT gives you an ultimate gut-friendly bacteria to support your diet. It is a gut healing supplement to give microbiota a boost and restore your gut health. It has a combination of Probiotic blend 16 strain, an advanced blend of 16 different species of acidresistant bacterial strains that naturally colonize the digestive tract.

What you eat and digest has a profound impact on almost every aspect of your life and wellness.

Fructooligosaccharides (also known as Oligofructose) are subtly sweet and low-calorie which are non-digestible and doesn't effect on blood sugar levels. It is made out of a short chain of fructose molecules.

They are taken from asparagus, Jerusalem artichokes and soybeans. Fructo-oligosaccharide chains of molecules are shorter than insulin chains. It also suppresses clostridium perfringens, a toxic bacteria associated with food poisoning.



## **Benefits of MyGut**

- Supports regular bowel function
- Improves hair, skin nails
- Helps reduce gastrointestinal issues
- Supports leaky gut healing
- May decrease cholesterol levels
- Reduce blood sugar
- Supports cancer cells
- Helps in proper digestion
- Better absorb of nutrients

### INGREDIENTS

- ✓ Probiotic Blend 16 Strains
- ✓ (L-Plantarum, L-Fermatum,
- ✓ L-Acidophilus, L-Casein, L-Rhamnosus,
- ✓ L-Reuteri, L-Gasseri, B-Lactis, B-Infantis,

No Steroids

### DOSAGE: I tablet per day or As advised by a medical practitioner

#### How it works:

No Harmful

Chemicals

My Gut with its Probiotic blend of 16 strains helps you restore your gut and transform your life becoming your best self from inside out.

No Artificial

Flavours

**Disclaimer:** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

No Artificial

Sweeteners





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Contact



Breve, S-Thermophilus

Fructooligosaccharides



